

Association for Continuing Dental Education
Joint Provider Live Webinar Series
**Dental Sleep Medicine and Temporomandibular Disorder (TMD)
and Why It's Important to your Practice**

Date: Saturday, July 10, 2021
Time: 10:00 AM CST, 11:00 AM EST, 8:00 AM PST
Location: Zoom
Audience: The Dental Professional
Format: Lecture
CE Credit: 1.0 credits
Tuition: \$39

Course Description:

To anyone treating Obstructive Sleep Apnea (OSA) and Temporomandibular Disorder (TMD) patients - including pediatric patients - this burgeoning field is of the utmost importance. Sleep Disordered Breathing (SDB) is increasingly recognized as a chronic disorder of dysfunctional breathing during sleep in children and can range from habitual snoring to OSA. The spectrum of SDB can result in adverse neurocognitive consequences from sleep fragmentation and intermittent hypoxemia, as well as adverse craniofacial maldevelopment; abnormal breathing patterns; learning difficulties; ADD and ADHD; poor academic performances; excessive sleepiness; and behavioral, mood, and anxiety disorders. As part of this program, participants will learn the necessary steps to complete a comprehensive TMD evaluation and will be given information on the epidemiology, classification, signs, and symptoms of these conditions. Participants will also receive instruction on how to develop an appropriate plan of care for SLEEP - TMD patients, while understanding when adjunct forms of therapy should be incorporated. The program will provide a clear understanding of the need for a multidisciplinary approach in the management of patients with TMD and OSA.

Learning Objectives:

At the conclusion of this course, participants will be able to:

- 1) Develop an understanding of normal sleep, adult and pediatric obstructive sleep apnea (OSA), and the health consequences of sleep deficiency
- 2) Understand the interrelationship between Temporomandibular Disorder (TMD) and sleep
- 3) Learn how to get started screening, evaluating, referring, and managing OSA patients

Meet the Speaker:



Leopoldo Correa, B.D.S., M.S.

Dr. Correa is an Associate Professor at Tufts University School of Dental Medicine (TUSDM). Appointed Director of the Craniofacial Pain Center; he also serves as Program Director of the Dental Sleep Medicine Fellowship, and the Orofacial Pain Advanced Graduate Education program. His research and clinical interest are in the development of clinical protocols for the use of mandibular advancement devices (MADs) in the management of obstructive sleep apnea and the management of side effects from short and long-term use of MADs. Dr. Correa has developed various Dental Sleep Medicine Continuing Education programs including: Tufts Dental Sleep Medicine Mini-Residency Program, Tufts Dental Sleep Medicine Comprehensive Introduction, and Tufts Pediatric Dental Sleep Medicine Mini-Residency

Program. He has mentored students in Dental Sleep Medicine and temporomandibular disorder (TMD) for more than 15 years. Dr. Correa has been invited to present at institutions across multiple continents, including North America, South America, Europe, Asia, and Australia, and he has contributed multiple abstracts and publications to the literature over the years.